

# SEPTEMBER 2020

## HGCS SCHOOL LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>Taco Tuesday</b> Crunchy Beef Taco Lettuce/Cheese Mexican Fiesta Rice Diced Peaches Milk or Apple Juice	<b>Alfredo Sauce w/ Noodles/Breadstick</b> Garden Salad Mandarin Oranges Milk or Apple Juice	<b>Cheeseburger</b> Steamed Peas Baked chips Diced Peas Milk or Apple Juice	<b>Low Fat Pepperoni Pza.</b> Green Beans Applesauce Milk or Apple Juice
<b>LABOR DAY</b> NO SCHOOL	<b>Lasagna</b> Garden Salad Applesauce Milk or Apple Juice	<b>1/2 DAY DISMISSAL</b> NO SCHOOL LUNCH	<b>Chicken Nuggets</b> Rice/Gravy Green Beans Mandarin Oranges Milk or Apple Juice	<b>Low Fat Cheese Pizza</b> Sunshine Corn Diced Peaches Milk or Apple Juice
<b>Toasted Cheese Sand.</b> Vegetable Blend Diced Peas Milk or Apple Juice	<b>Taco Tuesday</b> Crunchy Beef Taco Lettuce/Cheese Mexican Fiesta Rice Diced Peaches Milk or Apple Juice	<b>Chicken Filet Sandwich</b> Broccoli & Cheese Diced Peas Milk or Apple Juice	<b>Spaghetti w/ Meat Sauce</b> Garden Salad Mandarin Oranges Milk or Apple Juice	<b>Low Fat Pepperoni Pza.</b> Green Beans Applesauce Milk or Apple Juice
<b>Meatballs w/ Rice Roll</b> Green Peas Pineapple Tidbits Milk or Apple Juice	<b>Cheeseburger</b> Steamed Carrots Baked Chips Mandarin Oranges Milk or Apple Juice	<b>All Beef Hot Dog</b> Coleslaw Tater Tots Diced Peas Milk or Apple Juice	<b>Beefy Nachos</b> Cheese Sauce Garden Salad Diced Peaches Milk or Apple Juice	<b>Low Fat Cheese Pizza</b> Green Beans Applesauce Milk or Apple Juice
<b>Popcorn Chicken</b> Whipped Potatoes Vegetable Blend Diced Peas Milk or Apple Juice	<b>Taco Tuesday</b> Crunchy Beef Taco Lettuce/Cheese Mexican Fiesta Rice Diced Peaches Milk or Apple Juice	<b>Mac 'n' Cheese</b> Green Peas Pineapple Tidbits Milk or Apple Juice		

FOOD SERVICE DOES NOT PREPARE MEALS FOR SPECIAL DIETS  
 MEALS ARE SUBJECT TO CHANGE ACCORDING TO AVAILABILITY OF PRODUCT

